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## How to make soursop tea for cancer

I was diagnosed with basic clots. I suffer from high platelet count due to overproduction of platelets. The average number ranges from 150,000 to 350,000 per microliter. My platehas reached 795,000. Two weeks ago, it dropped to 529,000 but with the help of hydroxyurea, a drug that reduces platelet count and treats certain forms of cancer. Primary clots may develop into acute myeloid leukemia, a cancer in the myeloid line of blood cells. Afraid of my health and horror with the thought of living my whole life with medications, I made my own research and looked for an alternative treatment, and what I found along the way was thought by some individuals as an alternative treatment for cancer. A friend suggested that I try to make tea from skimming leaves and drink a cup every day. She knew some of the people who benefited from it. After a week of making and drinking soursop leaf tea, I had my blood extracted to monitor my platelet count. I was surprised it dropped to 435,000. What was important with this result is the fact that I wasn't taking hydroxyurea! I felt surprised and hopeful. Can this really help me prevent acute myeloid leukemia? I came across a blog where the blogger talked about his/her terminal cancer, and her inability to seek traditional treatment for reasons he/she didn't reveal. At first, he felt the disinterested. But he began to do his own research and promised not to give up without a good fight. The alternative treatment for cancer was he/she found the same mine: tea and sour cream paper. A few days later, he/she himself checked again, and the result was surprising. The tumor has shrunk by one inch! Well, he admitted it wasn't a big change but for him/her, it was like winning the lottery. He/she assured his readers that there will be constant updates about his/her condition regardless of whether it turns out good or bad. Prickly dub leaves are rich with tannins (which work great in the fight against cancer), immune-boosting compounds (such as anunasin, anonol, anocatalin and genisic acid), and powerful chemicals. It is also loaded with vitamin C and antioxidants that help improve the immune system and prevent and treat infection. Sour cream may also leave the benefit of individuals who go through chemotherapy by eliminating or reducing side effects and symptoms. Native Americans in the Amazon produce very powerful teas from soursop leaves to treat individuals who are diagnosed with cancer. Some studies have shown that left-handed leaves eliminate cancer cells without damaging healthy cells. A lot of research has been done on Anonasin, a chemical compound found in some fruits such as dorsal. Unfortunately, this is done only in the living body or in the laboratory in animals. No clinical study has been conducted yet on humans, primarily because no patent manufacturer can. Therefore laboratories have led to support research on active ingredients, annonaceae Here's for the disclaimer blog. (iStock image) is a natural drug from the tropics and has caused a stir with rumors that may help fight cancer. People say that skimming tea can help regulate diabetes, reduce inflammation, promote sleep, act as an antibiotic, and treat herpes. Does tea soursop live up to the hype or is it just another supplement with dodgy guides? We talked to medical professionals to find out everything you need to know about soursop tea. Related: 8 Facts You Don't Know About SupplementsWhat is soursop tea? The fruit loan shers of many may know it by soursop, cherimoya, guanabana, Brazilian claw, custard apple, or the technical term Anona Morekata. It is a fruit that grows in tropical locations in Africa, South America and Southeast Asia that looks like a prickly avocado from the outside and a stark white fruit from the inside. The fruit itself tastes a bit like pineapple and strawberries with the creamy consistency of bananas. Sour cream is often served in juices or ice cream, and frankly, it looks very tasty. But the fruit itself does not make the news dob tea is made from fruit leaves (also known as graviola) and has a fairly mild flavor. Outside the United States, tea has been used for medical purposes for years. Recently, Americans have been turning to tea for a variety of medical reasons. What could be a prickly dinner? Some studies have found that turbidity has many positive immune system properties, says Ashley Wood, RN, BSN, and author of Demystifying Your Health. It is high in antioxidants, which help neutralize harmful compounds (free radicals) that can cause cell damage. In a comprehensive medical review of sour medicine, one study found that tea helped heal wounds in mice while another laboratory study found that it was protected from DNA damage. Another study found that the spiky cream dub reduced inflammation, a kind of slightly less powerful dose of ibuprofen. Other studies have found that tea has decreased blood sugar in diabetics and acted as a natural antimicrobial agent. Graviola may help treat fibromyalgia symptoms, according to a study from the University of Seville. Additionally, there is evidence that it helps lower blood pressure and can treat herpes. It seems that the sour dub can do everything. However, these allegations are based on limited scientific evidence and studies conducted mostly in a laboratory or on mice. Unfortunately, just because a diabetic mouse got a little better doesn't mean it will work the same way with humans. There are some serious side effects that we will get to soon. Related: 50 Benefits of Green TeaWhat Can't You Eat Gypsies? Cancer treatment. To be fair, no one claims that tea soursop cancer treatment, but there are great claims on the internet that tea will help fight and kill cancer cells. This idea actually has roots in some scientific evidence. A study from the University of Bordeaux found that annonaceous acetogenins of graviola can prevent Some cancer cells in existing laboratory trials. says Dr. Sibi Merry FRCPI, a medical graduate of Trinity College and faculty in Northwestern Medicine. Unfortunately, one study is not enough to prove that herbal medicine is effective. Worse still, the Bordeaux study used related tree leaves in Florida and not pure South American graviola, says Dr. Miri. Most soursop teas come from plants in South America, so the fact that specific repetitionhas not been studied does not bode well for their claims. Related: One woman's fight against cancer and the miracle therapy that saved HerIn addition to bordeaux study problems, most studies on prickly dub slack. There are only 113 studies published on graviola and no clinical trials have been human, says Dr. Miri. We have no idea whether graviola will work or even be safe in humans. Although there is no evidence, graviola is promising. But when it comes to a serious disease like cancer, it is not safe to suggest any treatments that do not have real scientific support. Or as Dr. Merry says, I think it would be irresponsible to recommend graviola for the time being. Are there any soursop side effects? It's easy to think that although there are no human experiences, sour tea may be worth a try. Many people are demanding health benefits, so what's the worst that can happen? Well, with Graviola the worst is too severe and some studies have found that seeds contain anunasin, a neurotoxin that may contribute to the development of Parkinson's disease, Wood says. Even without eating the seeds, the tea itself may do some damage. It may cause nerve damage and movement problems, especially with long-term use, Wood says. In addition, sour cream may be toxic to the kidneys or liver with frequent use. According to Cancer Research UK, a study of Caribbean citizens found that those who drank more sour food were more likely to develop nerve changes and start hallucinogenic. Some studies have found that soursop tea may cause toxicity to the brain and nervous system. Even if you risk these side effects to fight cancer, cancer treatment centers in America say that tea can reduce the effectiveness of chemotherapy. If you are still thinking of graviola, there are a few conditions that should definitely prevent you from having tea. Memorial Sloan Kettering Cancer Center says it's best to avoid graviola if you're taking blood pressure or diabetes medications. In rat studies, pleasure led to low blood pressure and sugar. Although it sounds great, it can cause an unfortunate reaction if you are already taking medication for those conditions. If blood pressure or sugar gets too low, it's a bad thing, and graphiola may make it happen. Now, these concerns are not supported by human studies, but there is enough concern for the main cancer center to warn of herbal therapy. Should I drink zuzzy tea? Maybe not. Although soursop has a promise, there is not enough evidence to support And a lot of incredibly serious side effects to give this thumb. Even if you tend to try it for antimicrobial or anti-inflammatory properties, be careful and consult your doctor before you get a supply of tea bags. Potential nerve damage may not be worth the potential positives. It is possible that with human trials, prickly dub can become part of the treatment of cancer cells. But at the moment, it's a dangerous thing to suggest. Learn how to brew the perfect cup of tea. Tea.